



2008 Annual Report

Our Mission: *To create healthier individuals/families through experiential learning.*

The Living Well Village helps individuals and families choose healthy lifestyles that will improve their quality as well as their quantity of life.

Current Focus: Enormous Need for Nutrition Education

- Each year 300,000 deaths and over \$100 BILLION in health care costs are related to obesity
- One in four children in the U.S. are considered overweight or obese
- Two out of three adults in the U.S. are overweight or obese

Programs run by the Living Well Foundation

- Scouts
- Middle school residential camps with wellness component
- WIT—Wellness in Teens, Tweens or Tots
- Retreats
- School outreach programs
- Speakers Bureau
- Collaborations in research with St. Louis Children's Hospital, Washington University, Cardinal Glennon Hospital

Practicum/Internship Site for Students

- Eastern Illinois University
- Fontbonne University
- Maryville University
- Southeast Missouri State University
- Southern Illinois University—Carbondale
- St. Louis University
- Washington University



Health Camps Permanently Housed at the Living Well Village

- R & R Weekend camp programs for the disabled by St. Louis ARC
- Obesity summer camp by Camp Jump Start
- Hemophilia camp

Board Members

Board of Directors

Kelly Eiden M.S., R.D., L.D.N.

Loyola University

Samuel Klein, M.D.

Washington University School of Medicine

Paul Jenkins P.T.

St. Louis Children's Hospital

Board of Advisors

Sharon O'Keefe

Barnes-Jewish Hospital

Richard Priest

SCORE

Neil H. White, M.D, C.D.E.

St. Louis Children's Hospital

Jillon Vander Wal, Ph.D

St. Louis University

Rick Stein, Ph.D.

Washington University

Scott J. Luhmann, M.D.

St. Louis Children's Hospital

Kim McCallum, M.D.

McCallum Place Eating Disorders

Susan Deusinger, P.T.,Ph.D

Washington University

Nancy Bradley R.D., L.D.

Barnes-Jewish Hospital

Charlie Caspari

Retired Camp Executive

Chief Executive Officer

Jean Huelsing R.N., B.S.N., M.Ed

Financial Summary

Revenue

| | |
|-----------------------|------------------|
| Contributions | \$272,585 |
| Events | \$3,187 |
| Investments | 0 |
| Total Revenues | \$275,772 |

Expenses

| | |
|-----------------------|------------------|
| Programming | \$228,796 |
| Administrative | \$48,646 |
| Fundraising | \$6,034 |
| Total Expenses | \$283,476 |



LIVING WELL VILLAGE

HEALTH CAMPS AND WELLNESS PROGRAMS

Fund Balance 12/31/08 \$31,636

Wellness is a process in which individuals become aware of their choices and subsequent consequences to these actions. The Living Well Village assists individuals in reaching their highest level of wellness through education with practice. A fulfilling life is a balance between the mind, body, spirit and sense of purpose---all of which are interrelated. It must be a conscious decision in “choosing to live life well”.

Jean Huelsing R.N.
Chief Executive Officer
Living Well Foundation
3602 Lions Den Road
Imperial, MO 63052
(636) 674-5014
www.livingwellvillage.org